

TYPES OF ABUSE

Breaking the cycle of domestic violence begins with knowing how to recognize abuse.



Physical Abuse

Intentional use of physical touch to cause fear, injury or assert control, such as hitting, shoving, slapping or strangling.



Sexual Abuse

Sexual activity that occurs without consent, such as unwanted touch, rape, or coercive sexual activity.



Emotional Abuse

Behaviors such as threats, insults, manipulation, or isolation from loved ones. Shifting responsibility or blame for abusive behavior.



Stalking

Following or monitoring a person's behavior or whereabouts, online or in person, including sending unwanted gifts or messages.



Financial Abuse

Using finances to exert power and control by taking or withholding money or prohibiting a partner from earning money of their own.

 **Harbor House**
— of Central Florida —

www.HarborHouseFL.com



If you are experiencing any of these types of abuse from an intimate partner, you are not alone. We are here for you 24/7.

CALL OR TEXT AN ADVOCATE AT 407-886-2856

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