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ANNUAL REPORT 2018-19



Letter from Chair & CEO

Dear Harbor House Friends and Supporters,

When many people think about domestic violence, they only picture a victim and an abuser. We've spent a lot of time this year thinking about how abuse ripples out through children, pets, and out into the community. You will see this reflected in our new Vision and Mission statements on this page.

On any given day in the emergency shelter, half of our residents are children. This is why we have a renewed focus on families. Harbor House is offering more services than ever before to more children and parents than ever before.

These interventions, including support groups, childcare, and parenting classes, are important in creating a healthier future for children who have witnessed violence. Statistics show children from homes with violence are at greater risk of entering the juvenile justice system, more likely to become abusers or victims as teens and adults, and consistently score lower on all measurements related to high school

completion, college attendance, graduate degrees, and socioeconomic status. Our youth and adult programs will change these statistics. You are part of that movement!

Every number you will find in this report represents a real person at Harbor House — a child, woman, or man — that you helped by giving, volunteering, and advocating. We thank our dedicated staff for the time and heart they have invested, and we honor the survivors for working hard to build a brighter future for themselves and their children.

Kindly,



Laura Genette
Board President



Michelle Sperzel
CEO

OUR VISION
Harbor House
is a leader in
transforming all
lives impacted by
domestic abuse.

Our Mission

HARBOR HOUSE STRIVES TO
PREVENT AND BREAK THE
CYCLE OF DOMESTIC ABUSE
THROUGH EMPOWERMENT-
BASED PROGRAMS, ADVOCACY,
EDUCATION, AND COMMUNITY
INVOLVEMENT.

Our Impact

2018-2019

"When I didn't have anywhere to go, this place welcomed me and my kids. I was treated with nothing but kindness and respect."

—Former Shelter Resident

Shelter Residents:

Adult
462

73,458

SERVICES OFFERED

Shelter Residents:

Child
459

5,325

OUTREACH CLIENTS

Lives Touched:

13,376

Hotline Calls:

6,341

Hours of
**Children's
Services:**



11,643

Shelter
Nights:



30,569



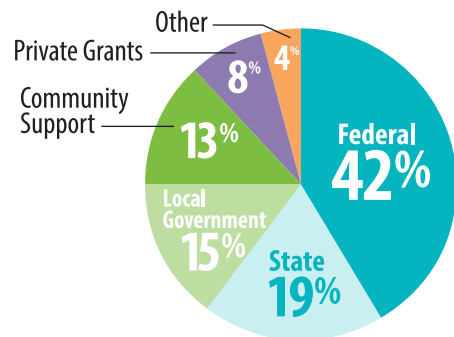
Value of **Volunteer** Time:

\$235,889.54

5,809 **Safety Plans** Completed

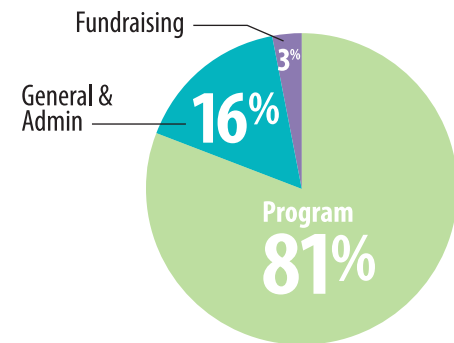
REVENUE:

Federal Grants	42%	1,852,787.00
State Grants	19%	826,635.00
Local Government	15%	664,311.00
Community Support	13%	562,967.00
Private Grants	8%	359,263.00
Other	4%	196,030.00.00
	100%	4,461,992.00




EXPENSES:

Program	81%	3,944,122.00
General & Admin	16%	758,150.00
Fundraising	3%	170,357.00
	100%	4,135,714.00



Programs & Services



“I am very grateful for all your staff did for me. You gave me the opportunity to have a new beginning and fulfill my goals.”

NEW SUPPORTIVE SERVICES IN SHELTER

Harbor House has added more programming in the emergency shelter to benefit survivors. A wide array of support groups are offered weekly and monthly, including conflict resolution, positive communication, healthy sleeping, career readiness, Color Me Calm (coloring to reduce stress and anxiety), technology safety, and a poetry group. We have also partnered with Kula for Karma to deliver trauma-informed yoga sessions to shelter residents.

24-Hour Crisis Line

Certified advocates staff the crisis line 24/7/365 to provide crisis counseling, safety planning, information, referrals, and support to callers so that they will be able to make informed decisions concerning their individual situation.

Confidential Emergency Shelter

Harbor House provides safe, confidential emergency shelter to domestic violence survivors and their children. The shelter can house more than 120 people at once. Immediate needs, such as food and hygiene products, are met and residents have the

opportunity to work with a case manager to make future plans for housing, safety, employment, transportation, childcare, and more.

Support Groups

Group counseling sessions take place frequently within the shelter and at Outreach offices throughout Orange County. Support groups for domestic violence survivors are available in English, Spanish, and Creole. Peer Counseling Advocates work with clients in person and over the phone. This counseling could take place in the shelter, at an Outreach office, or in the courthouse and includes safety planning, crisis counseling, referrals, and assistance with filing for Victim's Compensation and Relocation funds.



“ Thank you so much for everything. I made it and survived thanks to you, Harbor House. ”



Court Advocacy

Harbor House has court advocates located at the Orange County Courthouse who walk survivors through the process with the state attorney's office, safety plan, assist with filing injunctions, help apply for victim relocation funds, give referrals to legal aid, and accompany to court.

Children's Services

Children's Services strives to create an environment that fosters the whole child and builds strong families. State licensed childcare services are offered 7 a.m. to 7 p.m. weekdays for the children of shelter residents. In addition to the preschool and daycare, Children's Services works with families to rebuild the parent/child bond that might have been damaged during time with the abuser.

Primary Prevention

The best way to break the cycle of violence is to stop it before it begins. Primary Prevention engages young people by educating them with positive, non-violent messages about healthy relationships.

EVE/InVEST

Advocates working in the Early Victim Engagement (EVE) and Intimate Violence Enhanced Services Team (InVEST) programs

partner with local law enforcement on high lethality cases. They reach out to survivors within 72 hours of the crime and walk them through the criminal process and the civil side and often accompany them to depositions with the state attorney's office, pre-trial meetings, trials, and bond hearings. They work closely with detectives, including the domestic violence task force.

CPI

The Child Protection Investigator (CPI) program brings domestic violence advocates from Harbor House into the Department of Children and Families (DCF) to bridge the gap. This program enhances family safety, creates permanency for children, reduces removals of children from the non-offending parent, and holds batterers accountable.

Economic Justice

Financial abuse and domestic violence often go hand in hand. The Economic Justice program equips survivors with knowledge and empowers them to take control of their finances as they move toward financial freedom.

Paws for Peace Kennel

The Paws for Peace Kennel opened on-site at the Harbor House emergency shelter in 2012 and serves as a model for other

domestic violence kennels across the country. Survivors are able to bring cats and dogs with them as well as birds, ferrets, hamsters, and other pocket pets.

Legal Assistance

Harbor House has three attorneys on staff that represent survivors in court as they seek injunctions for protection and at hearings for violations of injunctions.

“ Thank you for supporting me. Thank you for protecting me. ”

NEW CAMP HOPE

Harbor House was excited to be selected to host Florida's first ever Camp HOPE, an evidence-based camping and mentoring initiative that focuses on children exposed to domestic violence. It began in San Diego in 2003 under the leadership of then-City Attorney Casey Gwinn and has grown throughout the country. Campers have the opportunity to regain their childhood, find hope and healing, and spend time with other children who have overcome similar obstacles and trauma. The program also strengthens the family unit, encourages a stronger sense of community, and enhances the youth's quality of life through civic involvement. Camper recruitment began this year with our first camp slated for early FY2019-2020.



NEW CENTRAL OUTREACH OFFICE OPENS



In September 2018, Harbor House opened an Outreach office on Colonial Drive in Orlando that serves two purposes. The office houses advocates who meet with Outreach clients, that is survivors who do not need shelter, have exited shelter, or are still in the process of leaving their abuser. A full array of services such as peer counseling, safety planning, economic empowerment education, and support groups are available at this location. The secondary purpose is to serve as a public face where Harbor House supporters can drop off donations without the need to schedule in advance or fill out confidentiality forms as when dropping off at the emergency shelter campus.

NEW PREVENTION IN TEEN COURT

Harbor House recognizes the importance of breaking the cycle of violence before it reaches the next generation. We have offered Primary Prevention programming in schools and after-school programs for many years with that goal in mind. This year, we added Prevention curriculum in Orange County Teen Court. Teens in the eight-week program are learning all about healthy relationships and what changes they can make now to ensure a brighter future for themselves, their romantic partners, and their families.

HARBOR HOUSE SURVIVOR STORY



Amira*

Amira* first came to Harbor House through our office in the Orange County Courthouse. She and her husband were originally from the Middle East and had been in the U.S. for a few years. Suffering from constant physical, emotional, and financial abuse since they first wed, Amira feared he would make good on his threats to kill her. She also worried about the effects on their young child. Our court advocates worked with Amira, and she was granted a temporary injunction right away. In addition to violence at the hands of her husband, Amira's life had been threatened if she ever attempted to return to her home country. She had no support before she found Harbor House. Amira made a plan and was able to get herself and her son out of the house and into our emergency shelter.

NOW SHE FINDS HERSELF WITH THE TOOLS AND SUPPORT FOR A BRIGHT FUTURE



A SAFE PLACE TO LIVE

Before Amira could start building a new life for her and her son, they first needed a safe home. They lived in our emergency shelter before transitioning to long-term supportive housing.



CHILDCARE

Throughout this process, Amira's son was well taken care of in our on-site childcare facility. This service enabled Amira to go on interviews and attend other appointments. The boy is now in kindergarten and doing great!



COUNSELING, EDUCATION, & EMPOWERMENT

Amira, like every shelter resident, was assigned a Case Manager and had access to other Advocates. Case Managers and Advocates serve clients through support groups, peer counseling, workshops, and community referrals. Amira learned about financial safety planning and how to budget. She used her new skills and confidence to save for and purchase her own car and secure a job in her chosen career field while pursuing her master's degree.



COMMUNITY SUPPORT

Harbor House works with many community partners to provide services for clients. Amira was able to obtain a driver's license and pursue a divorce from her abuser thanks to the support of those partners. In addition to social service agencies, Harbor House donors and volunteers are an important part of what we do at Harbor House.

How You Can Help

You can join Harbor House in our efforts to end domestic violence in Orange County by giving of your **TIME, TALENT,** and **RESOURCES.**



Crisis Line: 407.886.2856

For more information, contact our main office at 407.886.2244.

www.harborhousefl.com

